

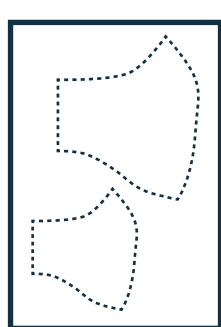


DIY FACE MASK

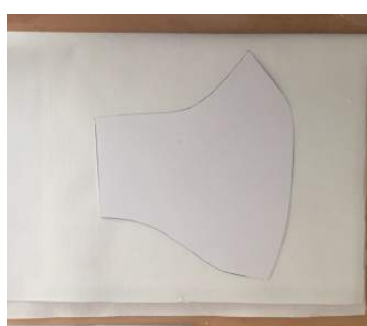
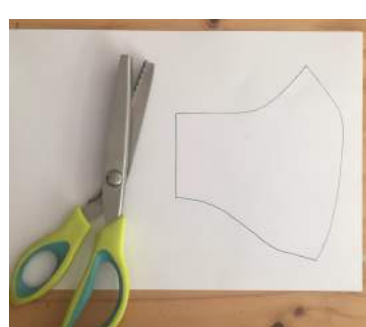
YOU'LL NEED

- Any fabric (old clothing, pillowcase, sheet)
- Elastic or fabric strips
- Scissors
- Sewing kit

Print and cut out mask template



1



2

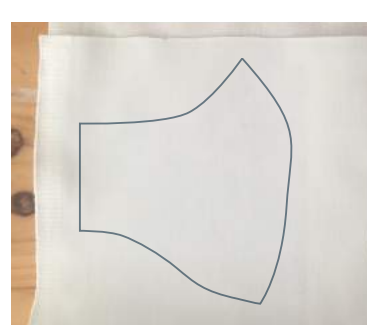
Fold fabric into four layers



Trace template onto fabric with a marker.



3

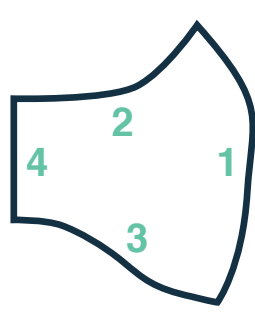


4

Cut fabric along marker lines. You should now have four separate panels.



Neatly stack all four panels & pin seam 1 together.

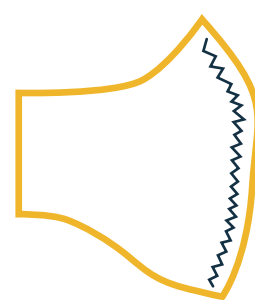


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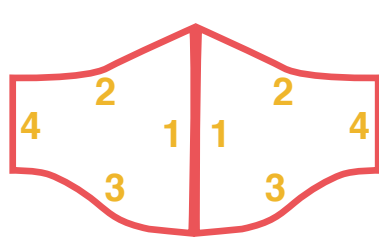


6

Double stitch all four panels of seam 1 in a zigzag.



Turn mask inside out. You'll see two panels on each side of the seam.

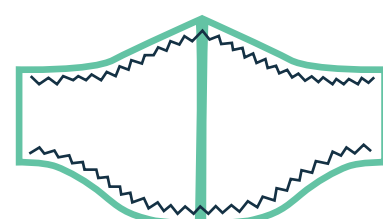


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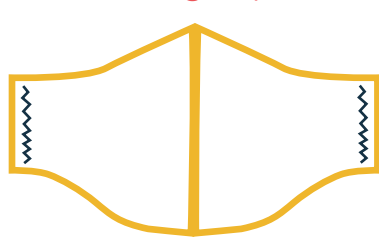


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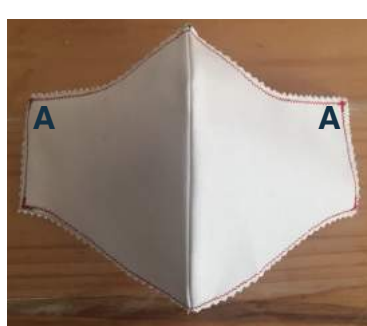
Stitch both seam 2 & 3 from the left panel to the right panel.



Stitch seam 4 on both the left & right panels.

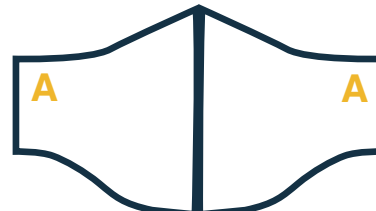


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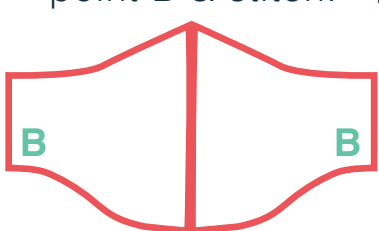


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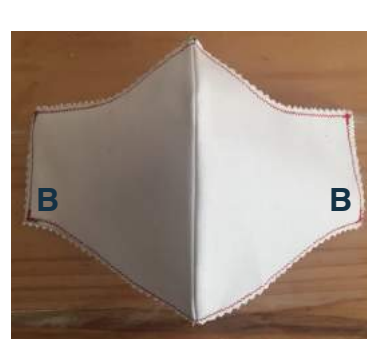
Measure elastic around head from point A to point A & stitch.



Repeat from point B to point B & stitch.

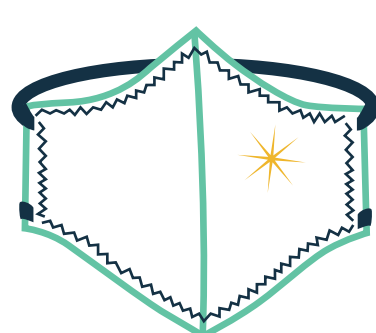


11



Wash mask with warm soapy water and let dry before dropping it off at the designated drop off points.

12



AND YOU'RE DONE!

